

Healthy Weight in Kent

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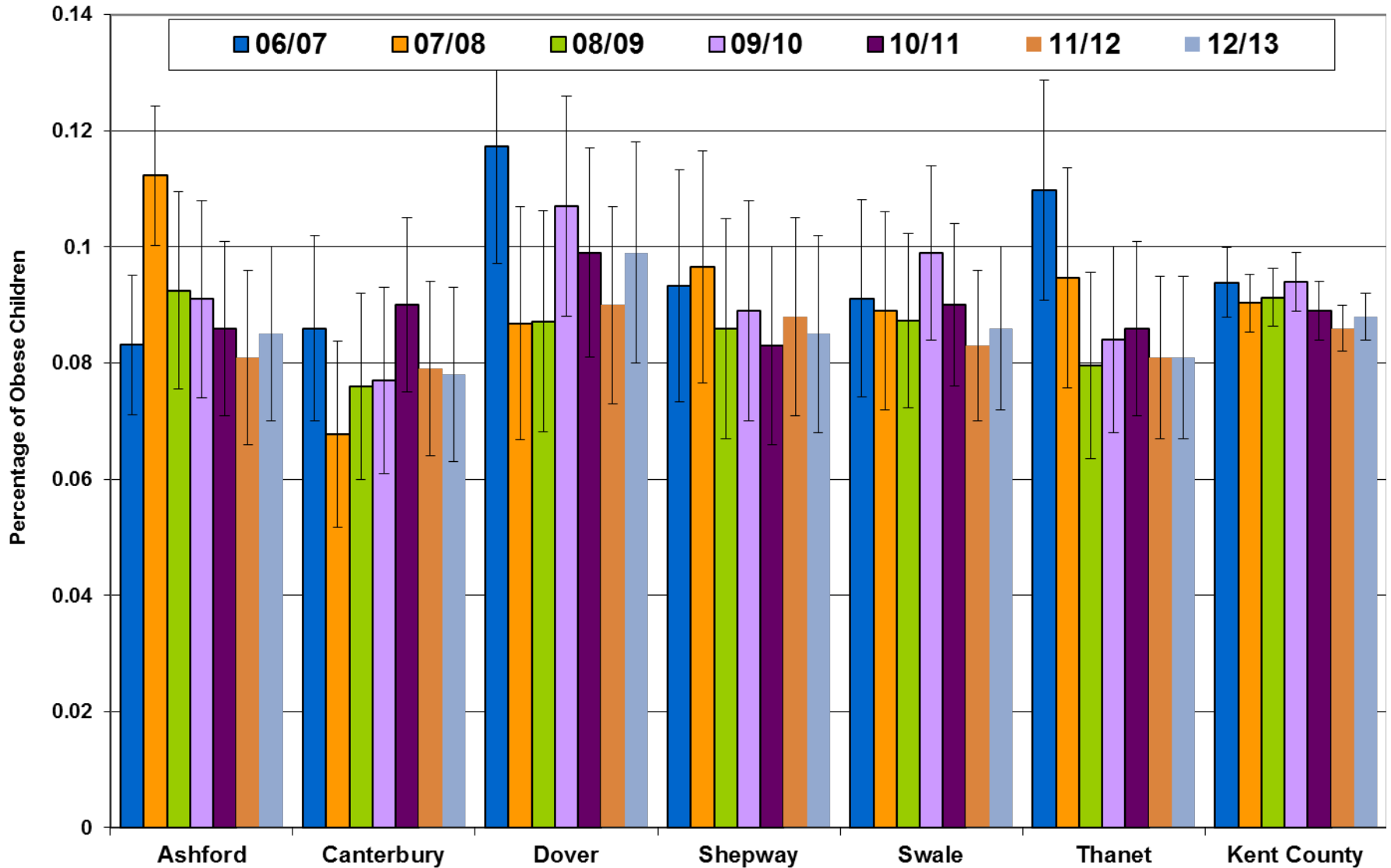
Excess weight in adults in Kent 2012

- The England rate for adults who have excess weight (overweight and obesity combined) is 63.8%. Kent is 64.6%, which is statistically similar to England. Within this there is some variation across the County. This translates into 771,476 people across Kent aged sixteen and above and the following numbers of individuals by District:

Ashford	64,275	Canterbury	69,009
Dartford	53,554	Dover	58,009
Gravesham	53,887	Maidstone	84,142
Sevenoaks	61,172	Shipway	59,146
Swale	75,761	Thanet	75,118
Tonbridge and Malling	63,203	Tunbridge Wells	54,696

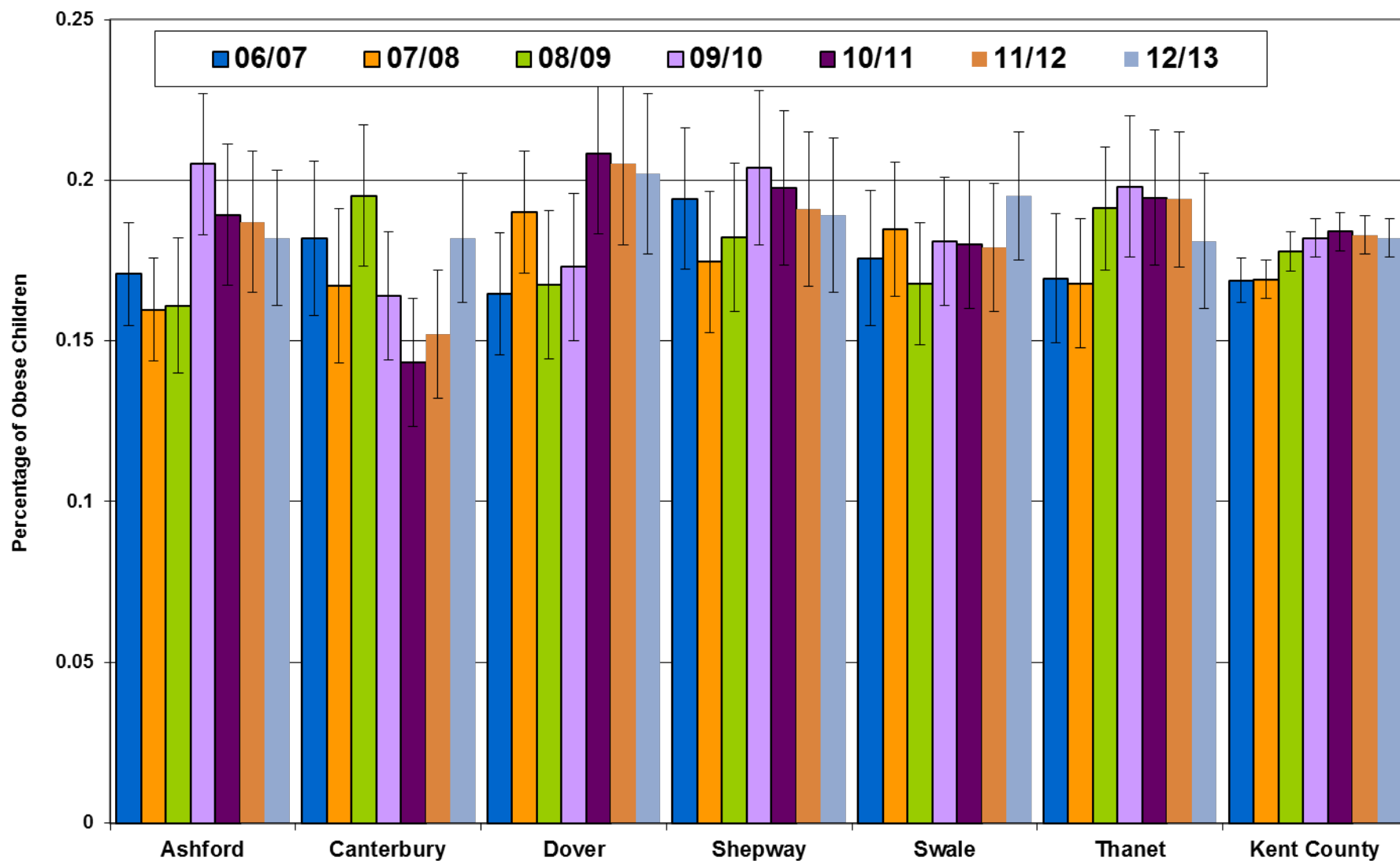
Percentage of Obese Children in Year R by LA in Kent - 06/07 to 12/13

Source: National Child Measure Programme



Percentage of Obese Children in Year 6 by LA in Kent - 06/07 to 12/13

Source: National Child Measure Programme



Commissioned services to increase the prevalence of healthy weight in Ashford

Kent County Council Public Health has

- Recently invested in Children's Centres infant feeding and healthy weight
- Commissioned from Kent Community Health Trust

Adult healthy weight Tiers 1&2

Exercise Referral Scheme

Health Walks

Fresh Start

Food Champions

Health Trainers

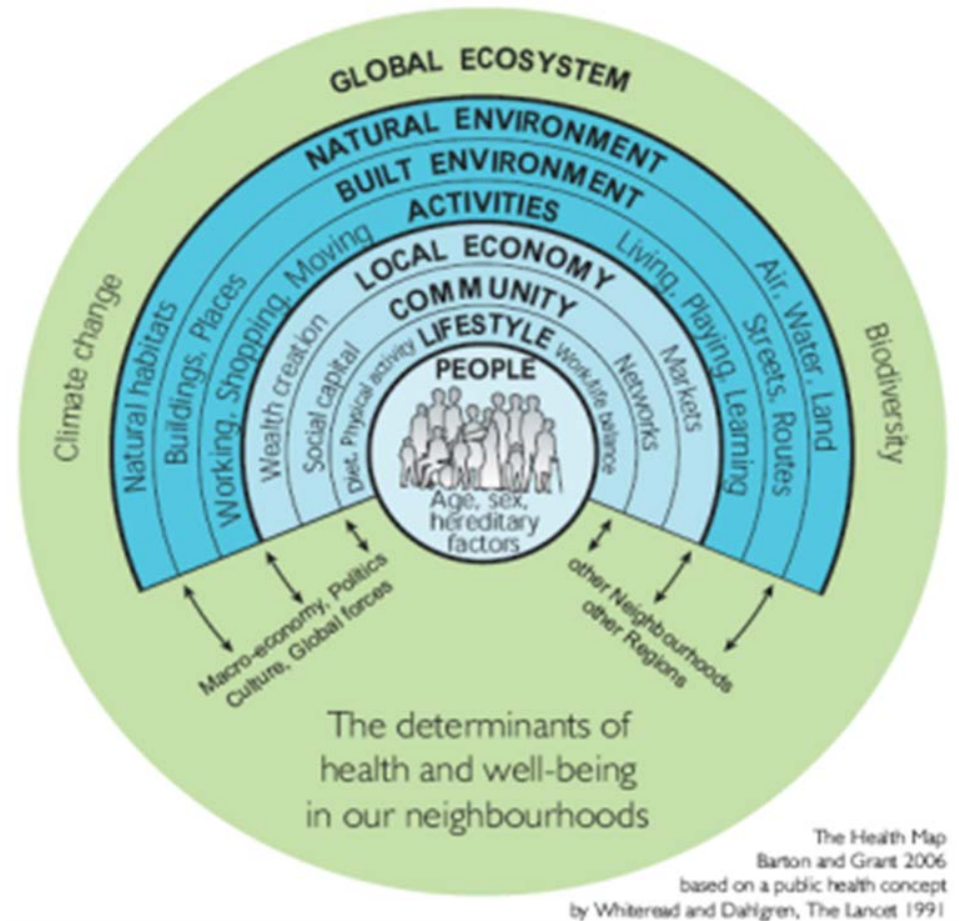
Family lifestyle clubs

National Child Measurement Programme

Healthy Schools Team

- Commissioned Tier 3 4healthyweight service for people with a high BMI who have not been able to lose weight on their own

But ..how to engage with the wider determinants of health?



Moving Forward

- Publication of Public consultation outcomes
 - Develop further needs assessment adults and children
 - Develop a Healthy Weight Strategy for adults and children in Kent
 - Develop a commissioning model for Kent
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Working in Ashford

What opportunities are there for joint working to reduce the prevalence on unhealthy weight in children and adults?